

عَنْدَمَا أَبْدَأْ فِي عَمَلٍ شَيْءٍ أَقُولُ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

When I begin to do
Anything, I say:

(Bismillâh)

In the

NAME

Of Allâh

وَإِذَا دَخَلْتُ عَلَى أَحَدِ الْمُسْلِمِينَ أَقُولُ

السَّلَامُ عَلَيْكُمْ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

When I Greet a Muslim, I say:

*(As-salâmu 'alaikum
wa rahmat ullahi wa barakatuhu)*

PEACE

be upon you
and the Mercy of Allâh
and His Blessings

إِذَا أَرَدْتُ أَنْ أَفْعَلَ شَيْئًا فِي الْمُسْتَقْبَلِ
أَقُولُ

إِنَّ شَكَاءَ اللَّهِ

سَأَفْعَلُ كَذَا

If I plan to do anything in the future,
I say:

[*In shâ' Allâh sa-'af'alu kadha*]

If Allâh wills, I will

DO SO

أَعْظَمُ الْكَلَامُ أَنْ أَقُولَ

لَا إِلَهَ إِلَّا اللَّهُ
مُحَمَّدٌ رَسُولُ اللَّهِ

The greatest words for me
to say are:

*[Lâ ilâha ill-Allâh,
Muhammad-ur-Rasûl Allâh]*

NONE

has the the right to be worshipped
except Allâh and Muhammad صلى الله عليه وسلم
is the Messenger of Allâh

إِذَا ذُكِرَ اسْمُ رَسُولِنَا مُحَمَّدٍ ﷺ أَقُولُ

حَكَّلَى اللَّهُ
عَلَيْهِ وَسَلَّمَ

When the name of our Prophet
Muhammad is mentioned
I say:

[Sall-Allâhu 'alaihi wa sallam]

May the Peace and Blessings of Allâh تعالى

be upon

HIM

وَعِنْدَمَا أَخْرُجُ مِنَ الْبَيْتِ أَقُولُ

بِسْمِ اللَّهِ
تَوَكَّلْتُ عَلَى اللَّهِ

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

When I go out
from my home, I say:

(*Bismillâhi tawakkaltu'alAllâh wa lâ
haula wa lâ quwwata illâ billâh*)

In the Name of Allâh, I

TRUST

in Allâh and there is no strength
nor power except with Allâh

وَعِنْدَمَا أَدْخُلُ الْبَيْتَ أَقُولُ

بِسْمِ اللَّهِ وَلَجْنَا
وَبِسْمِ اللَّهِ خَرَجْنَا

وَعَلَى رَبِّنَا تَوَكَّلْنَا

When I enter my home, I say:

*(Bismillâhi wa lajnâ wa bismillâhi kharajnâ wa
'ala Rabbina tawakkalna)*

**In the Name of Allâh we enter,
and in the Name of Allâh we leave,
and we trust in Our**

LORD

وَإِذَا صَنَعَ لِي أَحَدٌ مَّعْرُوفًا أَقُولُ

جَزَّاكَ اللَّهُ
شَرِيكًا

When anyone
Does something good for me,
I say:

[Jazâk Allâhu khairan]

MAY

Allâh give you a better reward

وَإِذَا رَأَيْتُ شَيْئًا أَعْجَبَنِي أَقُولُ

مَا شَاءَ اللَّهُ
لَا قُوَّةَ إِلَّا بِاللَّهِ

When I see
Something that pleases me, I say:

(Mashâ' Allâh lâ quwwata illâ billah)

This is what Allâh has willed.

There is no

POWER

Except with Allâh

إِذَا عَطَسْتُ أَقُولُ

الْحَمْدُ لِلَّهِ

When I sneeze,

I say:

(Alhamdu lillâh)

All

PRAISE

Is to Allâh

وَإِذَا رَدَّ عَلَيَّ أَحَدٌ
بِقَوْلِهِ

يَرْجِعُكَ اللَّهُ

And the reply
(to the one who sneezes)
is

(*Yar hamukallâh*)

May Allâh

BESTOW

His Mercy on you

أَقُولُ

يَهْدِيْكُمْ اللَّهُ
وَيُصَلِّحَ بَالَّكُمْ

And then, the one who sneezed says

(*Yahdikumu Allahu wa yuslehu bâlakum*)

May Allâh guide you and set

RIGHT

All your affairs

وَإِذَا أَكَلْتُ عِنْدَ أَحَدٍ أَقُولُ

اللَّهُمَّ أَطْعِمْهُ
مَنْ أَطْعَمْتَنِي

وَاسْقِ مَنْ سَقَانِي

When I eat with
another person, I say:

(Allahumma at'im man at'amani wasqi
man saqani)

O Allâh!

FEED

Him who fed me and give him drink
who gave me drink

وَإِذَا انتَهَيْتُ مِنْ طَعَامِي أَقُولُ

الْحَمْدُ لِلَّهِ الَّذِي
أَطْعَمَنِي هَذَا

وَرَزَقَنِي مِنْ غَيْرِ حَوْلٍ مَّنِي وَلَا قُوَّةٌ

When I finish
my meal, I say:

*(Alhamdu lillahil-ladhi at'amani hadha wa
razaqanihe min ghaire haulin minni wa la quwwatin)*

All praise be to Allâh Who

FED ME

This and provided me with it, without
any strength or power from me.

وإِذَا كُنْتُ فِي مَجْلِسٍ وَقُمْتُ مِنْهُ أَقُولُ

سُبْحَانَكَ اللَّهُمَّ
وَرَبَّكَمْدَنَّ

أَشْهَدُ أَنَّ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ
وَأَتُوَّبُ إِلَيْكَ

When I get up from a meeting, I say:

[*Subhanak-Allâhumma wa bilhamdika
ash-hadu an lâ ilâha illâ Anta, astaghfiruka wa
'atubu ilaika*]

O Allâh! Glory is for You and Praise is
for You; I testify that none is to
be worshiped

EXCEPT

You; I ask Your forgiveness and
I repent unto You

وَإِذَا أَفْطَرْتُ فِي رَمَضَانَ أَقُولُ

دَهْبَ الظَّمَاءِ
وَابْتَلَتِ الْعُرُوقَ

وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

**When I break my fast
at (Iftar time) in Ramadan, I say:**

*(Dhahabadh-dhama'u wabtal-latil 'urooqu wa
thabatal 'ajru inshâ Allâh)*

**The thirst has gone
and the vessels are moistened and the**

REWARD

is established, if Allâh wills

وَإِذَا دَخَلْتُ الْخَلَاءَ أَقُولُ

اللَّهُمَّ إِنِّي
أَعُوذُ بِكَ

مِنَ الْجُبُثِ وَالْخَبَائِثِ

When I enter
the toilet, I say:

*(Allâhumma inni a'ûdhu bika minal
khubuthi wal khabâith)*

O Allâh, I seek

REFUGE

with you from bad and evil forces

وَإِذَا خَرَجْتُ مِنَ الْخَلَاءِ أَقُولُ

غُفْرَانَكَ

When I come out Of the toilet, I say:

*(Ghufranaka al-hamdu lillâhil-ladhi
adhhaba 'annil-adha wa 'âfâni)*

I ask Your forgiveness

ALLAH

أَقُولُ بَعْدَ الْأَذَانِ وَفِي الصَّبَاحِ
وَالْمَسَاءِ

رَضِيَتْ بِاللَّهِ رَبِّا

وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا

After hearing the Adhān
and in the morning and Evening I say:

[*Radītu billāhi Rabban wa bil-Islāmi dīna wa bi
Muhammadin sall-Allāhualaihi wa sallam Nabīya*]

I am pleased with Allāh as the Lord and

ISLAM

as the religion and Muhammad
as the Prophet صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

وَإِذَا دَخَلْتُ الْمَسْجِدَ أَقُولُ

اللَّهُمَّ افْتَحْ لِي
أَبْوَابَ رَحْمَتِكَ

When I enter the mosque, I say:

(Bismillâhi was-salâtu was-salâmu 'ala Rasûlil Allâh Allâhummaftah lî abwâba rahmatika)

In the Name of Allâh and peace and
Blessings be upon the Messenger of Allâh,
O Allâh! Open for me the gates of Your

MERCY

وَإِذَا خَرَجْتُ مِنَ الْمَسْجِدِ أَقُولُ
بِسْمِ اللَّهِ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ
مِنْ فَضْلِكَ

When I step out of the mosque, I say:

*(Bismillâhi was-salâm 'ala Rasûlil Allâh
Allâhumma innî as 'aluka min fadlika)*

In the Name of Allâh and peace
be upon the Messenger of Allâh

O Allâh! I ask from

YOU

Your Favors

وَإِذَا أَصَابَتْنِي مُصِيبَةٌ أَقُولُ

إِنَّا إِلَهُ وَإِنَّا إِلَيْهِ

رَاجِعُونَ

اللَّهُمَّ أَجُرْنِي فِي مُصِيبَتِي وَأَخْلِفْ لِي
خَيْرًا مِّنْهَا

When any affliction happens to me,
I say:

*[Innâ lillâhi wa innâ ilaihi râji'ûn Allâhumma
âjirnî fi musîbatî wa akhlif lî khairan minha]*

Truly! To Allâh we belong and truly to
Him we shall return. O Allâh!compensate
me for my hardship and

PROVIDE

Me with a better substitute for it

وَإِذَا رَأَيْتُ صَاحِبَ بَلَاءٍ أَقُولُ

الْحَمْدُ لِلَّهِ الَّذِي
عَافَنِي مِمَّا ابْتَلَاكَ بِهِ

وَفَضَّلَنِي عَلَىٰ كَثِيرٍ مِّمَّنْ خَلَقَ تَفْضِيلًا

When I find
anyone in affliction, I say:

*(Alhamdu lillâhil-ladhi 'âfâni mimmab talaka bihi
wa faddalni 'ala kathirim-mimman khalaqa tafdila)*

All praise be to Allâh, who

SAVED

me from what He has afflicted you with
and favored me more than
many others He created



Reported by Al-Tirmidhi 3432

وإِذَا دَخَلْتُ عَلَى مَرِيْضٍ أَقُولُ

لَا بَأْسَ طَهُورٌ
إِنْ شَاءَ اللَّهُ

When I visit a sick person, I say:
Don't worry it is for

(La ba'sa tahurun inshâ' Allâh)

PURIFICATION

If Allâh wills

This purification is referring to the purification of sins. Prophet Muhammad (ﷺ) taught us that any pain that a Muslim suffers results in forgiveness of his sins. This forgiveness in itself is a type of purification.

وَإِذَا لَاقَيْتُ عَدُوًّا أَقُولُ

حَسْبُنَا اللَّهُ

وَنَعْلَمُ الْوَكِيلَ

When I face
any enemy, I say:

[Hasbun- Allâhu wa Ni'm-al-Wakil]

Allâh is sufficient for us
and He is the

BEST

Disposer of affairs



Reported by Bukhâri 4563

وإِذَا غَضِبْتُ أَقُولُ
أَعُوذُ بِاللَّهِ مِنَ
الشَّيْطَانِ الرَّجِيمِ

When I am angry, I say:

*(A'u'dhu billâhi
minash-Shaitân-ir-rajim)*

I seek refuge with Allâh
from Satan, the

CURSED

One

وَإِذَا دَخَلْتُ مَقَابِرَ الْمُسْلِمِينَ أَقُولُ

السَّلَامُ عَلَيْكُمْ
دَارَ قَوْمٍ مُؤْمِنِينَ

وَإِنَّا إِنْ شَاءَ اللَّهُ بِكُمْ لَاحِقُونَ

When I enter a Muslim graveyard,
I say:

[*As-salâmo 'alaikum dâra qaumim-mo 'mineen
wa inna in shâ' Allâhu bikum lâhiqûn*]

peace be upon you, O! Believing people; if
Allâh wills, we will also join

JOIN
you

وَإِذَا أَرَدْتُ أَنْ أَنَامَ أَقُولُ

بِاسْمِكَ اللَّهُمَّ
أَمُوتُ وَأَحْيَا

When I intend to sleep, I say:

*(Bismika Allahumma amûtu
wa ahya)*

By Your Name, O Allâh I die and

LIVE

عِنْدَمَا أَسْتَيْقِظُ مِنَ النَّوْمِ أَقُولُ :

الْحَمْدُ لِلَّهِ الَّذِي
أَحْيَنَا

بَعْدَمَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

When I wake up from sleep,
I say:

(*Al-hamdu lillahil-ladhi ahyâna ba'da ma
'amâtanâ wa ilaihin-nushûr*)

All praise be to
ALLAH
Who revived us
after giving us death and to Him
we will return