

عِنْدَمَا أَبْدَأُ فِي عَمَلٍ شَيْءٍ أَقُولُ

بِسْمِ اللَّهِ

When I begin to do
Anything, I say:

(Bismillâh)

In the

NAME

Of Allâh

وَإِذَا دَخَلْتُ عَلَى أَحَدِ الْمُسْلِمِينَ أَقُولُ

السَّلَامُ عَلَيْكُمْ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

When I Greet a Muslim, I say:

*(As-salâmu 'alaikum
wa rahmat ullahi wa barakatuhu)*

PEACE

**be upon you
and the Mercy of Allâh
and His Blessings**

Reported by Bukhârî 6230

إِذَا أَرَدْتُ أَنْ أَفْعَلَ شَيْئًا فِي الْمُسْتَقْبَلِ
أَقُولُ

إِنْ شَاءَ اللَّهُ

سَأَفْعَلُ كَذَا

**If I plan to do anything in the future,
I say:**

[In shâ' Allâh sa-'af'alu kadha]

If Allâh wills, I will

DO SO

أَعْظَمُ الْكَلَامِ أَنْ أَقُولَ

لَا إِلَهَ إِلَّا اللَّهُ
مُحَمَّدٌ رَسُولُ اللَّهِ

**The greatest words for me
to say are:**

*[Lâ ilâha ill-Allâh,
Muhammad-ur-Rasûl Allâh]*

NONE

**has the the right to be worshipped
except Allâh and Muhammad صلى الله عليه وسلم
is the Messenger of Allâh**

إِذَا ذُكِرَ اسْمُ رَسُولِنَا مُحَمَّدٍ ﷺ أَقُولُ

صَلَّى اللّٰهُ
عَلَيْهِ وَسَلَّمَ

**When the name of our Prophet
Muhammad is mentioned
I say:**

[Sall-Allâhu 'alaihi wa sallam]

**May the Peace and Blessings of Allâh تعالی
be upon**

HIM

وَعِنْدَمَا أَخْرَجُ مِنَ الْبَيْتِ أَقُولُ

بِسْمِ اللَّهِ
تَوَكَّلْتُ عَلَى اللَّهِ

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

**When I go out
from my home, I say:**

*(Bismillâhi tawakkaltu'alAllâh wa lâ
haula wa lâ quwwata illâ billâh)*

In the Name of Allâh, I

TRUST

**in Allâh and there is no strength
nor power except with Allâh**

وَعِنْدَمَا أَدْخُلُ الْبَيْتَ أَقُولُ

بِسْمِ اللَّهِ وَلَجْنَا
وَبِسْمِ اللَّهِ خَرَجْنَا

وَعَلَى رَبِّنَا تَوَكَّلْنَا

When I enter my home, I say:

*(Bismillâhi wa lajnâ wa bismillâhi kharajnâ wa
'ala Rabbina tawakkalna)*

**In the Name of Allâh we enter,
and in the Name of Allâh we leave,
and we trust in Our**

LORD

وَإِذَا صَنَعَ لِي أَحَدٌ مَّعْرُوفًا أَقُولُ

جَزَاكَ اللَّهُ
خَيْرًا

**When anyone
Does something good for me,
I say:**

[Jazâk Allâhu khairan]

MAY

Allâh give you a better reward

وَإِذَا رَأَيْتُ شَيْئًا أَعْجَبَنِي أَقُولُ

مَا شَاءَ اللَّهُ
لَا قُوَّةَ إِلَّا بِاللَّهِ

**When I see
Something that pleases me, I say:**

(Mashâ' Allâh lâ quwwata illâ billah)

This is what Allâh has willed.

There is no

POWER

Except with Allâh

إِذَا عَطَسْتُ أَقُولُ

الْحَمْدُ لِلَّهِ

When I sneeze,

I say:

(Alhamdu lillâh)

All

PRAISE

Is to Allâh

وَإِذَا رَدَّ عَلَيَّ أَحَدٌ
بِقَوْلِهِ

يَرْحَمُكَ اللَّهُ

And the reply
(to the one who sneezes)
is

(Yar hamukallâh)

May Allâh

BESTOW

His Mercy on you

أَقُولُ

يَهْدِيكُمْ اللَّهُ
وَيُصْلِحْ بِأَلْكُم

And then, the one who sneezed says

(Yahdikumu Allahu wa yuslehu bâlakum)

May Allâh guide you and set

RIGHT

All your affairs

وَإِذَا أَكَلْتُ عِنْدَ أَحَدٍ أَقُولُ

اللَّهُمَّ اطْعِمِ

مَنْ اطْعَمَنِي

وَاسْقِ مَنْ سَقَانِي

**When I eat with
another person, I say:**

*(Allahumma at'im man at'amanî wasqi
man saqânî)*

O Allâh!

FEED

**Him who fed me and give him drink
who gave me drink**

وَإِذَا انْتَهَيْتُ مِنْ طَعَامِي أَقُولُ

الْحَمْدُ لِلَّهِ الَّذِي

أَطْعَمَنِي هَذَا

وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِّنِّي وَلَا قُوَّةٍ

**When I finish
my meal, I say:**

*(Alhamdu lillahil-ladhi at'amani hadha wa
razaqanihe min ghaire haulin minni wa lâ quwwatin)*

All praise be to Allâh Who

FED ME

**This and provided me with it, without
any strength or power from me.**

Reported by Al-Tirmidhi 3458

وَإِذَا كُنْتُ فِي مَجْلِسٍ وَقُمْتُ مِنْهُ أَقُولُ

سُبْحَانَكَ اللَّهُمَّ
وَبِحَمْدِكَ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ
وَأَتُوبُ إِلَيْكَ

When I get up from a meeting, I say:

*[Subhanak-Allâhumma wa bilhamdika
ash-hadu an lâ ilâha illâ Anta, astaghfiruka wa
'atubu ilaika]*

**O Allâh! Glory is for You and Praise is
for You; I testify that none is to
be worshiped**

EXCEPT

**You; I ask Your forgiveness and
I repent unto You**

وَإِذَا أَفْطَرْتُ فِي رَمَضَانَ أَقُولُ
ذَهَبَ الظَّمَأُ
وَابْتَلَّتِ الْعُرُوقُ

وَتَبَّتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

**When I break my fast
at (Iftar time) in Ramadan, I say:**

*(Dhahabadh-dhama'u wabtal-latil 'urooqu wa
thabatal 'ajru inshâ Allâh)*

**The thirst has gone
and the vessels are moistened and the**

REWARD

is established, if Allâh wills

وَإِذَا دَخَلْتُ الْخَلَاءَ أَقُولُ

اللَّهُمَّ إِنِّي
أَعُوذُ بِكَ

مِنَ الْحُبْثِ وَالْخَبَائِثِ

**When I enter
the toilet, I say:**

*(Allâhumma inni a'ûdhu bika minal
khubuthi wal khabâith)*

O Allâh, I seek

REFUGE

with you from bad and evil forces

وَإِذَا خَرَجْتُ مِنَ الْخَلَاءِ أَقُولُ

غُفْرَانَكَ

When I come out Of the toilet, I say:

*(Ghufranaka al-hamdu lillâhil-ladhi
adhaba 'annil-adha wa 'âfâni)*

I ask Your forgiveness

ALLAH

أَقُولُ بَعْدَ الْأَذَانِ وَفِي الصَّبَاحِ
وَالْمَسَاءِ

رَضِيتُ بِاللَّهِ رَبًّا

وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ ﷺ نَبِيًّا

**After hearing the Adhân
and in the morning and Evening I say:**

*[Radîtu billâhi Rabban wa bil-Islâmi dîna wa bi
Muhammadin sall-Allâhualaihi wa sallam Nabîya]*

I am pleased with Allâh as the Lord and

ISLAM

**as the religion and Muhammad
as the Prophet ﷺ**

وَإِذَا دَخَلْتُ الْمَسْجِدَ أَقُولُ

اللَّهُمَّ افْتَحْ لِي
أَبْوَابَ رَحْمَتِكَ

When I enter the mosque, I say:

(Bismillâhi was-salâtu was-salâmu ')

ala Rasûlil Allâh Allâhummaftah lî abwâba rahmatika)

In the Name of Allâh and peace and

**Blessings be upon the Messenger of Allâh,
O Allâh! Open for me the gates of Your**

MERCY

وَإِذَا خَرَجْتُ مِنَ الْمَسْجِدِ أَقُولُ
بِسْمِ اللَّهِ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ
مِنْ فَضْلِكَ

When I step out of the mosque, I say:

*(Bismillâhi was-salâm 'ala Rasûlil Allâh
Allâhumma innî as 'aluka min fadlika)*

**In the Name of Allâh and peace
be upon the Messenger of Allâh**

O Allâh! I ask from

YOU

Your Favors

Reported by Muslim 713

وَإِذَا أَصَابْتَنِي مُصِيبَةٌ أَقُولُ

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ

رَاجِعُونَ

اللَّهُمَّ أَجْرْنِي فِي مُصِيبَتِي وَأَخْلِفْ لِي
خَيْرًا مِنْهَا

When any affliction happens to me,

I say:

*[Innâ lillâhi wa innâ ilaihi râji'ûn Allâhumma
âjirnî fi musîbatî wa akhlif lî khairan minha]*

**Truly! To Allâh we belong and truly to
Him we shall return. O Allâh! compensate
me for my hardship and**

PROVIDE

Me with a better substitute for it

وَإِذَا رَأَيْتُ صَاحِبَ بَلَاءٍ أَقُولُ

الْحَمْدُ لِلَّهِ الَّذِي
عَافَانِي مِمَّا ابْتَلَاكَ بِهِ

وَفَضَّلَنِي عَلَى كَثِيرٍ مِّمَّنْ خَلَقَ تَفْضِيلًا

**When I find
anyone in affliction, I say:**

*(Alhamdu lillâhil-ladhi 'âfâni mimmaḥ talaka bihi
wa faddalni 'ala kathirim-mimman khalaqa tafdila)*

All praise be to Allâh, who

SAVED

**me from what He has afflicted you with
and favored me more than
many others He created**

Reported by Al-Tirmidhi 3432

وَإِذَا دَخَلْتُ عَلَى مَرِيضٍ أَقُولُ

لَا بَأْسَ طَهُورٌ
إِنْ شَاءَ اللَّهُ

**When I visit a sick person, I say:
Don't worry it is for**

(La ba'sa tahurun inshâ' Allâh)

PURIFICATION

If Allâh wills

This purification is referring to the purification of sins. Prophet Muhammad (ﷺ) taught us that any pain that a Muslim suffers results in forgiveness of his sins. This forgiveness in itself is a type of purification.

وَإِذَا لَاقَيْتُ عَدُوًّا أَقُولُ
حَسْبُنَا اللَّهُ
وَنِعْمَ الْوَكِيلُ

**When I face
any enemy, I say:**

[Hasbun- Allâhu wa Ni'm-al-Wakil]

**Allâh is sufficient for us
and He is the**

BEST

Disposer of affairs

Reported by Bukhâri 4563

وَإِذَا غَضِبْتُ أَقُولُ

أَعُوذُ بِاللَّهِ مِنَ
الشَّيْطَانِ الرَّجِيمِ

When I am angry, I say:

*(A'u'dhu billâhi
minash-Shaitân-ir-rajim)*

I seek refuge with Allâh
from Satan, the

CURSED

One

Reported by Bukhâri 3282

وَإِذَا دَخَلْتُ مَقَابِرَ الْمُسْلِمِينَ أَقُولُ

السَّلَامُ عَلَيْكُمْ
دَارِقَوْمٍ مُؤْمِنِينَ

وَإِنَّا إِنْ شَاءَ اللَّهُ بِكُمْ لَاحِقُونَ

**When I enter a Muslim graveyard,
I say:**

*[As-salâmo 'alaikum dâra qaumim-mo 'mineen
wa inna in shâ' Allâhu bikum lâhiqûn]*

**peace be upon you,O! Believing people; if
Allâh wills, we will also join**

JOIN

you

Reported by Muslim 974

وَإِذَا أَرَدْتُ أَنْ أُنَامَ أَقُولُ

بِسْمِكَ اللَّهُمَّ
أَمُوتُ وَأُحْيَا

When I intend to sleep, I say:

*(Bismika Allahumma amûtu
wa ahya)*

By Your Name, O Allâh I die and

LIVE

عِنْدَمَا أُسْتَيْقِظُ مِنَ النَّوْمِ أَقُولُ :

الْحَمْدُ لِلَّهِ الَّذِي
أَحْيَانَا

بَعْدَمَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

**When I wake up from sleep,
I say:**

*(Al-hamdu lillahil-ladhi ahyânâ ba'da ma
'amâtanâ wa ilaihin-nushûr)*

All praise be to

ALLAH

**Who revived us
after giving us death and to Him
we will return**